DAILY SPECIALS

Daily Soup & Sandwich

\$13

All sandwiches are served with soup of the day.

Bistro style steak sandwich

Beef strips, red pepper, onion, garlic aioli & slice old cheddar cheese.

Sweet Chili Halloumi Wrap

Halloumi cheese, julienne carrot, cabbage, red onion, cilantro, sweet chilli sauce in a flour tortilla.

Cod Sliders

Crispy cod filet, brioche bun, ,tangy coleslaw and tartar

BBQ Pulled Chicken Sandwich

Pulled chicken, home made BBQ sauce, creamy coleslaw, slice old cheddar cheese and pickles on kaiser bun.

WEDNESDAY

0.69 Wings (minimum 10) \$13 Fish and Chips \$5.50 Beer Cans

THURSDAY

Personal Pizza Night 1/2 Select Wine Bottles

FRIDAY

Steak Night \$5.50 Local Draught Beer

All Day Breakfast

Breakfast Skillet \$15

Scrambled egg, shredded hash, bacon, cheese, crumbled Italian sausage, scaillions and red peppers served with a side of toast.

Breakfast Sandwich \$14

Over Medium egg, cheddar cheese, bacon, tomato, toasted brioche bun, Crispy shedded potato or fresh fruit.

Champion breakfast * \$16

Two eggs prepared to your liking with your choice of maple smoked bacon, Ham or sausage, Crispy shredded potatoes or fruit cup and toast.

STARTERS

EQ Bar & Grill Signature Chicken fingers and fries \$19

4 piece chicken strips & fries served with creamy maple sriracha sauce and crudité

Soup Bowl \$9 Cup \$6

Chicken Wings * \$19

Served with ranch and crudités

Pork Dry Ribs \$17

Served with ranch and crudités

Choice of Sauce or Seasoning

Buffalo, Greek, Honey Garlic, Honey BBQ, Hot, Lemon Pepper, or Salt and Pepper

Nachos Full \$24 Half \$15

Corn chips layered with shredded cheese, red peppers, corn kernels, tomatoes, jalapeños, scallions, and cilantro lime sauce, accompanied by salsa and sour cream.

Add pork al pastor, chicken or guacamole for **\$6 each**

Bang-Bang Shrimp \$16

Crispy popcorn shrimps tossed in bang-bang sauce

Tacos * \$18

Choice of chicken, pork al pastor or shrimp on a grilled corn tortilla with guacamole, pico de gallo, cheddar cheese, shredded red cabbage, sour cream, and salsa.

Perogies \$14

Pan-seared potato and cheddar perogies, fries onions, bacon, served with sour cream

Spinach and Artichoke Dip \$16

Warm spinach and artichoke dip served with tortilla chips and focaccia crostini

Ginger Beef \$17

Crispy beef strips tossed in ginger sauce served with fried rice

(* indicates gluten-free option available)





SALADS

Add Grilled Chicken Breast or Shrimp for \$7 each Kale Caesar * \$15

Baby kale, romaine hearts, brioche croutons, bacon, parmesan, Caesar dressing and garlic toast.

EQ Cobb Salad * \$16

Artisan greens, bacon, avocado, housepickled beets, egg and Danish blue cheese, citrus vinaigrette, garlic toast.

Burrito Bowl * \$17

Choice of pork al pastor or chicken, romaine lettuce, cherry tomatoes, beans, scallions, corn, cajun rice, avocado and cilantro lime

Build Your Own \$24

Three Toppings Included Additional Toppings \$2.50 each **Gluten Free Crusts Available**

Toppings

Pepperoni, country ham, spicy Italian sausage, grilled chicken, bacon bits, beef mushrooms, pineapple, red onion, red pepper, tomato, hot pepper, parmesan, feta cheese

Chicken Alfredo \$21

Grilled chicken breast, fettuccine, parmesan, and served with garlic toast

Butter Chicken Rice Bowl* \$18

Chicken pieces marinated in yogurt and aromatic spices cooked in BBQ. Served in rich & creamy butter chicken sauce with rice pilaf, raita & mini naan bread.

Fish & Chips \$18 (extra piece \$8)

4oz crispy battered cod fillet, tartar sauce, Yukon gold fries, coleslaw, and lemon wedges.



SANDWICHES & BURGERS

All sandwiches and burgers are accompanied by a choice of house salad, fries, soup, sweet potato fries, Caesar salad, or onion rings.

BLT Sandwich * \$19 Choice of sliced roast turkey or grilled chicken, with choice of swiss or cheddar cheese. Served with bacon, tomato, lettuce and garlic aioli on sourdough bread.

Sweet Potato and Bean Burger \$18

Housemade sweet potato and bean patty, sliced tomatoes, lettuce, red onions, swiss cheese, housemade and pickle and chipotle aioli on a brioche bun

Quesadilla \$19

Choice of chicken, pork al pastor or shrimp in a grilled flour tortilla with roasted corn, red pepper, black beans, cheddar cheese, and served with salsa & sour cream.

Chicken Caesar Wrap \$18

Grilled chicken breast, bacon, romaine and parmesan

Steak Sandwich * \$26

7oz Canadian beef strip-loin char-grilled to your liking. Topped with garlic butter mushrooms, onion rings and served on freshly grilled garlic toast.

Build Your Own Burger \$18

Gluten-free buns Available Lettuce, tomato, red onions, pickles and a brioche bun are the base

Pick Your Protein

Season AAA Angus Beef Patty Regular Chicken Breast

Add Cheese (Add Extra Cheese \$1.99)

Old Cheddar **Swiss**

Add Toppings

Caramelized Onions Jalapeños Mayo

Premium Toppings \$1.99 Each

Fresh Avocado Bacon Sautéed Mushrooms

DESSERT S9

Churro Fries Strawberry Mango Pie



EQGOLF