



Daily Soup & Sandwich \$13

All sandwiches are served with soup of the day.

Bistro Style Steak Sandwich

Beef Strips, Red Pepper, Onion, Garlic Aioli &
Slice Old Cheddar Cheese

Cod Sliders

Crispy Cod Filet, Brioche Bun, Tangy Coleslaw,
and Tartar

Sweet Chilli Halloumi Wrap

Halloumi Cheese, Julienne Carrot, Cabbage, Red
Onion, Cilantro, Sweet Chilli Sauce and Flour
Tortilla

Pulled Chipotle Chicken Sandwich

Pulled Chicken, Home Made Chipotle Sauce,
Coleslaw, Swiss Cheese on Brioche Bun

Appetizers

Chicken Fingers & Fries 19

4pc chicken strips & fries served with Creamy Maple sriracha sauce and crudité

Hummus 17

House made hummus (Regular/-Chipotle) served with Za'atar pita chips

EQ Poutine 15

House cut potato wedges with cheese curds, red pepper, scallion and gravy. **ADD:** Crispy Chicken/Pork Al Pastor \$6

Baba Ghanoush 18

Fire roasted and creamy eggplant dip served with Tzatziki and Za'atar pita chips

Gyoza 17

Pork and kimchi gyozas served with sweet and spicy sauce

Brussel Sprouts 15

Crispy charred brussel sprouts tossed with balsamic glaze

Hot Dog 6.50

beef hotdog served on a brioche bun

Tacos (Can be G.F.) 18

Chicken/ Pork Al Pastor/ shrimp, grilled tortilla, guacamole, Pico de Gallo, cheddar cheese, shredded red cabbage, sour cream, and salsa

Pork Dry Ribs 17

Pork Dry ribs deep fried served with Creamy buttermilk ranch dip, crudité vegetable

Nachos 24

Corn chips layered with shredded cheese, red peppers, Corn kernels, tomatoes, Jalapenos, scallion, cilantro lime crema accompanied with salsa and sour cream. **ADD:** Pork Al Pastor/Chicken/ Guacamole \$6

Chicken Wings 19 (Can be G.F.)

10pc chicken wings tossed in buffalo, Greek, honey garlic, honey BBQ, hot, Blue cheese or Lemon pepper. Creamy buttermilk ranch dip, crudité vegetable

Breakfasts

Breakfast Skillet (Till 2pm) 15

Scrambled egg, shredded hash, bacon, cheese, crumbled Italian sausage, scallion and red peppers served with a side of toast

Breakfast Sandwich 14

Over Medium egg, cheddar cheese, bacon, tomato, toasted brioche bun, Crispy shredded potato or fresh fruit

Champion Breakfast (Can be G.F.) 16

Two eggs prepared to your liking with your choice of maple smoked bacon, Ham or bratwurst, shredded hash or fruit cup and toast

Soup of The Day

Cup 6

Bowl with Garlic Bread 9

Pizza 12 inch \$24

Choose any three toppings. **Additional topping \$ 2.50**

**Pepperoni - Country ham - Spicy Italian Sausage
Grilled Chicken - Tandoori Chicken - Bacon Cits
Beef - Mushroom - Pineapple - Red Onion
Roasted Red Pepper - Tomato - Hot Pepper
Parmesan - Feta Cheese**

Salads

Kale Caesar Salad (Can be G.F.) 16

Baby Kale, Romaine hearts, brioche croutons, bacon, parmesan, Caesar dressing and garlic toast

Burrito Bowl 17

Pork Al Pastor/chicken, Romaine, cherry tomatoes, beans, scallions, corn, cajun rice, Avocado and cilantro lime crema

Classic Wedge Salad 15

Iceberg lettuce, cherry tomato, bacon, red onion, creamy blue cheese dressing served with garlic bread

EQ Cobb Salad 17

Artisan greens, bacon, avocado, house pickled beets, egg and Danish blue cheese, citrus vinaigrette, garlic toast

Add: Chicken Breast / Shrimp \$7

Dessert \$9

Churro Fries

Strawberry Mango Pie

Sandwiches & Burgers

All sandwiches and burgers accompanied with a complimentary side order of Caesar, house salad, soup of the day, onion rings, sweet potato fries, regular fries, or Potato Wedges

Additional side order \$5

BLT Sandwich (Can be G.F.) **19**

Sliced roast turkey or Grilled Chicken, bacon, tomato, lettuce, Swiss or cheddar cheese, garlic aioli on sour dough bread

Katsu Sando (contains fish) **18**

Milk bread, crispy pork loin, coleslaw, and tonkatsu sauce

Quesadilla **19**

Chicken, Pork Al Pastor, or Shrimp, Grilled flour tortilla, roasted corn, red pepper, black beans, cheddar Cheese, salsa & sour cream.

Steak Sandwich (Can be G.F.) **26**

7oz Canadian beef striploin char grilled to your liking, Garlic butter mushrooms, onion rings and freshly grilled toast

Build Your Own Burger **(Gluten Free buns are available)** **18**

Lettuce, tomato, red onions, pickles and a brioche Bun included

Pick Your Protein

AAA angus beef Patty grilled seasoned.

Regular Chicken Breast

Premium Toppings \$1.99 each

Fresh avocado

2 strips bacon

Sauteed mushroom

Say Cheese

Old Cheddar

Swiss cheese

Extra Cheese \$1.99

Add Your Toppings

Caramelised onion

Jalapenos

Mayo

Sweet Potato and Bean Burger V 18

House made sweet potato and bean patty, sliced tomatoes, lettuce, red onions, Swiss, house made pickle, and chipotle aioli on a brioche bun

Crispy Chicken Burger 18

6oz breaded chicken, tomatoes, coleslaw, Caramelised onions, house made pickle, Mustard aioli, lettuce, old cheddar cheese and brioche bun

Entrée

Gnocchi with Sausage, Onions and Peppers 19

Sautéed onion and peppers, bratwurst, gnocchi cooked with sauce of your choice (marinara/rose/alfredo), and served with garlic toast

Fish & Chips 18

4oz Crispy battered Cod fillet, tartar sauce, Yukon gold fries, coleslaw, and lemon wedges

Chicken Pot Pie 19

Creamy chicken filling, buttery pie crust served with roasted garlic potatoes

Butter Chicken Rice Bowl (Can be gluten free) 19

Chicken pieces marinated in yogurt, aromatic spices and cooked in BBQ served with rice pilaf, rich & creamy butter chicken sauce, raita & mini naan bread

Little Golfers

Chicken Fingers and Fries 12

2pc chicken fingers & fries served with Plum sauce, carrots & celery batons

Beef Burger 12

House made AAA beef patty, lettuce, tomato, cheddar cheese, French fries

Grilled Ham and Cheese Sandwich 12

Grilled ham & cheese sandwich served with French fries & crudité

Hotdog Grilled hot dog with fries 9

Treats Vanilla Ice Cream 6