

Sandwedge Café

At Eaglequest Coquitlam



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Appetizers

Chicken Wings – \$11

Choose from Hot, Honey Garlic, Salt and Pepper, or Sweet Chili

Basket of Fries

Small \$4 – Large \$6

Basket of Yam Fries

Small \$5 – Large \$7

Mini Burgers – \$10

3 beef burgers topped with cheese, lettuce, tomato, onion, ketchup, mustard and mayonnaise

Nachos – \$11

Tomatoes, jalapenos, black olives, cheese.

Add chicken or beef for an additional charge of \$3

Chicken Quesadilla \$9

Chicken, cheese, jalapenos, black olives, tomatoes, onion, served with salsa and sour cream.

Add a side of fries or a salad for an additional charge of \$3

Perogies – \$9

Topped with green onion and sour cream

Dry Ribs – \$12

Garlic and pepper

Spring Rolls – \$6

Veggie spring rolls served with sweet chili sauce

Chicken Strips - \$8

4 crispy strips served with your choice of sauce

Add salad or fries for an additional charge of \$3

Jumbo Hot Dog - \$4.50

Grilled hot dog in a toasted bun with your choice of toppings.

Poutine - \$8

Fries, cheese curds, green onions topped with gravy

Sandwiches, Wraps and Paninis

Multigrain bread, white bread, wraps and ciabatta buns
Gluten free option also available

EQ Signature Club House - \$8

Turkey, bacon, cheese, tomato, lettuce, avocado, mayonnaise between 3 slices of bread

Turkey - \$6

Turkey, lettuce, tomato, cucumber, mayonnaise, cranberry sauce

Ham and Cheese - \$6

Ham, cheese, lettuce, tomato, cucumber, mayonnaise mustard

Vegetarian - \$6

Cheese, lettuce, tomato, onion, pickles, banana peppers, mayonnaise, mustard

BLT - \$6

Bacon, lettuce, tomato, mayonnaise

Cranberry Chicken Salad - \$6

Chicken, raisins, lettuce, mayonnaise

Tuna Salad - \$6

Tuna, lettuce, tomato, cucumber, mayonnaise

Beef Dip \$8

Beef, onions, au jus dip

Buffalo Chicken Wrap - \$7

Whole wheat tortilla, chicken, cheese, bacon, lettuce, tomatoes, franks hot sauce

Paninis - \$8

Ham & Cheese, Turkey, Tuna, Roast Beef, Pizza

Add fries, soup, or garden salad for an additional charge of \$3

Build your own Burger

Starting at \$11

All burgers are served with your choice of fries or garden salad.
Make it a Caesar salad or yam fries for an additional charge of \$3

Choose Your Bun:

- Brioche • Gluten Free • Whole Wheat Flour Tortilla • No Bun

Choose Your Protein:

- Beef Patty • BBQ Chicken • Black Bean Vegetarian Patty

Choose Your Sauce:

- Ketchup • Mustard • Mayonnaise • Relish
- BBQ Sauce • Garlic Mayo • Hot Sauce

Choose Your Toppings:

- Tomatoes • Lettuce • Onions • Pickles

Choose Your Premium Toppings - \$0.50 each

- Cheddar Cheese • Swiss cheese • Bacon • Fried Egg • Ham • Jalapenos
- Banana Peppers • Mushrooms • Pineapple • Fried Onions • Salsa

Street Tacos

Three Beef or Chicken Tacos - \$12

Soft tortilla shells, shredded cheese, lettuce, tomatoes, green onions,
Avocado, jalapenos, salsa and sour cream

Soups and Greens

The Soup Kettle

A daily changing featured soup

Cup \$3 - Bowl \$5

Won Ton Soup \$8

Garden Salad - \$9

Green leaf lettuce, tomatoes, cucumbers, shredded carrots, celery served with your
Choice of dressing

Add grilled or crispy chicken for an additional charge of \$3

Caesar Salad - \$10

Roman lettuce, garlic croutons, creamy Caesar dressing, lemon wedge

Add grilled or crispy chicken for an additional charge of \$3

Taco Salad - \$12

Lettuce, tomatoes, avocado, green onion, jalapenos, shredded cheese,
Salsa dressing served in a tortilla bowl

Choose from either Chicken or Beef

Chef's Salad - \$11

Lettuce, tomatoes, cucumbers, celery, ham, egg, cheese, with your choice of dressing

Add grilled or crispy chicken for an addition charge of \$3

EQ Favourites

Chicken Fried Rice \$9

Fried rice served with vegetables and your choice of grilled or crispy chicken

Chicken and Vegetable Stir Fry \$9

Grilled chicken, mixed vegetables, noodles, soy sauce and sesame oil

All Day Breakfast

Build your own Omelet - \$10

Choose 3 of the following toppings. Additional \$0.50 for more
Cheese, tomatoes, jalapenos, spinach, mushrooms, green peppers, ham, green onions
Add hash browns for \$3

Birdie Breakfast - \$9

2 eggs, bacon, hash browns and toast

EQ Breakfast Sandwich - \$6

1 egg, cheese and your choice of bacon, ham or sausage
Between a toasted brioche bun
Add hash browns for \$3

Kids Menu

12 and under

Grilled Cheese \$7

Includes fries and juice box

Hot Dog \$7

Includes fries and juice box

Chicken Fingers \$7

Includes fries and juice box

2 mini burgers \$7

Includes fries and juice box

Bugz n Cheese \$7

Includes juice box